

The Open Door: A weekly e-mail update from St. Timothy's Lutheran Church

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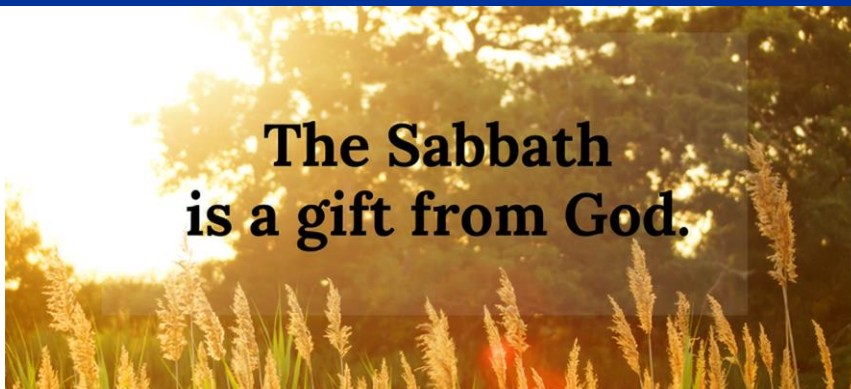
Spread the Gospel of Jesus Christ through word and deed.

Services in-person Sundays at 9:30am and on facebook and our website after services

** Mask wearing is optional **

January 13, 2022

Volume 13, Number 2



The Sabbath is a gift from God.

Genesis 2:1-3

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

Exodus 20:8-11

Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Mark 2:23-28

One sabbath he was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath."

Pray for your Family and Friends

Confident that God our light and our salvation hears us when we pray, let us offer our prayers for the church, the world, and all people in need. Let us pray for our family and friends, for what God has given us to take care of, for our highs and lows, for guidance on how to best participate in the ongoing creation of God's earth.



We celebrate with those having birthdays this week - Remy Petersen, Alissa Marquardt, Lisa Abramshuk, Dick Lindman, Kate Wahl

Prayers for

Members: Duane Clear, Dave Kerkow, Elvira Landgraff, Carol Machlitt, Jean Magnuson, Arlene Siegel, Delores Zbikowski, Don Zbikowski.

Friends & Family: Angie Echelberger, Jerry Kruchten, Mike Kruchten, Beth Lovcik, Rose Lund, Colleen McGinty, Teresa Nelson, Sandy Stephan, Margaret Verlautz, the family of Millicent Peterson Vetsch, Columbia Heights Police Department, ICASA, LVMS.

Prayer requests will remain on the list for four weeks. You may renew your request as many times as you desire. Prayers of thanksgiving and bereavements will remain on the list for two weeks.

Prayer Requests

If you have any new prayer requests, please call the church office at 763-571-9721 or email us at lauraf@sttimothy-elca.org.



2022 offering envelopes are available. Please pick yours up as soon as possible.



The Word in Season devotionals

The January/February/March edition of the daily devotional booklet *The Word in Season* is available in the church narthex. Please pick one up or contact us and we can send you one.



All are invited to read *The Thursday Murder Club* by **Richard Osman**. We will meet **Monday, January 24, at 6:30pm** for treats and discussion. We will be reading "There, There" by Tommy Orange in February. If questions, please contact Kari Schlotfeldt.



SAVE THE DATE

The members of St. Timothy's Lutheran Church are asked to attend our 63rd Annual Meeting, Part Two on **Sunday, February 6, 2022**. The meeting will take place in the sanctuary immediately following worship. We hope to see everyone in attendance.



Our next packing event is **Wednesday, February 2, 9:00 – 10:45am**. A sign-up sheet is on the bulletin board in the narthex. Thank you for your continued support of Feed My Starving Children!



Our Community Dinner was held this past week and we were blessed with great weather and served 185 guests. Thank you to all of our hard-working volunteers. This community outreach program would not be possible

without all of you.

Our next dinner is **Tuesday, February 8**, from 5:30 – 6:30pm. We are serving homemade macaronni and cheese lettuce salad, and strawberry cookies for dessert. All are welcome.

Many of our regular volunteers are not available for a few months so we could use some help with serving the dinner, please contact Laura Fix if you have any questions or just come around 4pm the day of the dinner.

Thank you for your continued support of this ministry.



We are in need of drivers for Meals on Wheels. Please contact Betty Thomas at 763-788-6125 for more information or to get signed up to drive. Thank you for your continued support of Meals on Wheels. This is the schedule for 2022. Any help would be appreciated even if you can only help for a day or two.

February 21 – 25

April 18 – 22

June 13 – 17

August 8 – 12

October 3 – 7

November 28 – December 2

January 23 – 27, 2023



Chair Prayer Yoga is **Thursday mornings at 10:00am**. Mat Prayer Yoga is **Wednesday afternoons at 4:30pm**. All are welcome!!

Deep Listening Training

Begins Monday, January 17 to March 28 at 6pm

offered every other week, virtually

Deep listening training for people who want to be great listeners, improve their tools to help others, leaders and you. Drew Brooks, Executive Director of Faith Partners will be presenting on tools to enter into challenging conversations, like mental health. Each session will focus on a different listening practice or skill. The mental health pandemic is increasing and we can learn how to help each other. We'll build on what we know with a 6 week training for anyone that wants to be a better listener, have the tools to support others and feel confident.

Dates: January 17, January 31, February 14 (subject to change), February 28, March 14, & March 28

To register go mhconnect.org click on events. There is no cost, we can view this together at church.

