

The Open Door: A weekly e-mail update from St. Timothy's Lutheran Church

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As Christians we believe Because of Christ's rising from the dead, we have hope!

** Mask wearing is optional **

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Just Power

Mark 10:42-44

So Jesus called them and said to them, 'You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all.

Psalm 133

How very good and pleasant it is when kindred live together in unity!

It is like the precious oil on the head, running down upon the beard, on the beard of Aaron, running down over the collar of his robes.

It is like the dew of Hermon, which falls on the mountains of Zion. For there the Lord ordained his blessing, life forevermore.

As Summer Continues

Social Justice: we hear that phrase used a lot, but how does Scripture interpret Social justice?

Micah 6:8

He has told you, O mortal, what is good;
and what does the Lord require of you
but to do justice, and to love kindness,
and to walk humbly with your God

Stepping up to the 30,000-foot level and looking out on the world which is still grappling with the global COVID-19 pandemic which has plagued our planet over a year and a half, the end is not yet in sight, although vaccines have given us hope and a glimpse of a time when this struggle will be over.

Yet, even as we navigate this most threatening global health crisis in history, the injustices and inequalities in our world have been brought to our attention.

- we have observed how power games played by political and religious leaders have either helped or hindered the efforts to contain the virus and produce vaccines.
- we have seen how the wealthy have been far less affected than the poor, and the poorest nations have suffered the greatest losses of income and of human lives.
- we have witnessed how black and brown people falling ill are dying at a far greater rate than white people and we have become deeply aware of the injustice non-white people experience by law enforcement.
- we have read of the increased rates of violence against women during the pandemic, women have been under tremendous stress to manage a household, work, and be their children's teacher.
- and through it all the damage done to the planet and the changes in the global climate have continued, we've caught a glimpse of what a restored world could look like, while the world was in lock down

All these realities have shown us that it is important as ever as followers of Jesus to make whatever contribution we can to building the world of love and justices that Jesus called the Reign of God. This is a huge challenge and it is easy to become overwhelmed. As a congregation we are doing a lot of very good ministry of making the Reign of God known. I celebrate that and my desire to is help understand scripture, what Christ meant when he spoke of God's Kingdom.

Pray for your Family and Friends

Confident that God our light and our salvation hears us when we pray, let us offer our prayers for the church, the world, and all people in need. Let us pray for our family and friends, for what God has given us to take care of, for our highs and lows, for guidance on how to best participate in the ongoing creation of God's earth.



We celebrate with those having birthdays this week – Carlos Osorio, Trygve Solem, George Fix, Marit Solem

Prayers for

Members: Pat Goetz, Carol Machlitt, Jean Magnuson.

Friends & Family: Angie Echelberger, Jason Lennox, Beth Lovcik, Rose Lund, Teresa Nelson, Margaret Verlautz, Columbia Heights Police Department, ICASA, LVMS.

Prayer requests will remain on the list for four weeks. You may renew your request as many times as you desire. Prayers of thanksgiving and bereavements will remain on the list for two weeks.

Prayer Requests

If you have any new prayer requests, please call the church office at 763-571-9721 or email us at lauraf@sttimothys-elca.org.



Our quilter's group will be meeting this **Wednesday, July 21, at 9:00am** since they were unable to meet last week due to a power outage.



The memorial service for Barb Tollakson will be held on August 28 at 11:00am with a visitation at 10:00am and a luncheon to follow. The service will be held at St. Timothy's.



Sunday morning coffee has returned!!

Join us after services on Sunday for coffee and treats. There is a sign-up sheet on the bulletin board if you would like to host a coffee hour.



Volunteers needed

We are in need of people willing to help with watering the flowers around the cross in front of the church and the reflection garden in back. If you would be willing to help out or have any questions, please contact Sharon Hamen.

Betty Thomas has been watering two sections of plantings in the front of church. She is having surgery in July and could use help for 2 or 3 weeks, 1 day a week for approximately 1 hour each time, with keeping this watered. Please contact Betty if you are willing to help with this.



Community **DINNER**

Our monthly dinner was held this past week. We served 232 guests and also sent 9 pizzas and salad to the Columbia Heights Police Department. Thank you to Papa John's of Columbia Heights for partnering with us and for all who help to make this outreach possible each month. Our next dinner will be held on Tuesday, August 10, where we will be serving Jersey Mike's sandwiches. If you would like more information or want to help, please contact Sharon Hamen or Joan Anderson. All are welcome. Thank you for your continued support of this ministry.



Our next park clean-up will be **Sunday, July 25**. Gloves, grabbers, and bags will be provided. We will also be having coffee, water, and snacks available at the park pavilion. Join us for coffee and stay to clean the park if you are able.



Feed My Starving Children has re-opened for groups. St. Tim's will be packing food on **Wednesday, August 4, from 9:00 – 11:00am**. There are sit down jobs available if you would prefer that. There is a sign-up sheet on the bulletin board. We have reserved 20 spaces so please get signed up if you are interested in attending. Invite your family and friends to join us. A reminder that all volunteers must be 5 years or older.

Mental Health Connect



QPR training ~ Tuesday, August 10, 7:00PM

FREE and virtual ~ Offered by Mental Health Connect & MN Dept of Health

Do you know how you would help someone in a crisis, what would you say?

QPR (Question, Persuade, and Refer) Training is for Suicide Prevention. It is a

1-hour educational program designed to teach "gatekeepers" the warning signs of a suicide crisis and how to respond. The training is appropriate for high school youth

and adults. Educate yourself on suicide, suicide risk factors, and suicide prevention. Take this training on suicide prevention and save a life.



In Person Yoga has returned!!

Chair Prayer Yoga meets in the sanctuary on Tuesdays at 10:00am for class. Mat Yoga meets at 4:30pm on Wednesdays, also in the sanctuary. All are welcome! If you have any questions, contact Pastor Michelene. The classes that were recorded over the past year remain on our website.



St. Tim's is live-streaming Worship at 9:30. We live-stream to facebook. All streamed events remain on facebook and you can watch anytime. We are recording and uploading everything to our website available Sunday afternoon. If you have any questions, please contact Laura Fix at 763-502-0487 or email at

lauraf@sttimothys-elca.org.



The Word in Season devotionals

The July/August/September editions of the daily devotional booklet *The Word in Season* are available in the church narthex. Please pick one up or contact us and we can send you one.



Are you celebrating a special day? Do you have flowers from your garden you would like to share?

Help us to celebrate with you by bringing or ordering flowers for our worship service.

If you would like more information, please contact the church office.

Check Out our Website!

www.sttimothys-elca.org

St. Tim's is on Facebook – please 'Like Us' Please 'Like us' on Facebook and share with your friends. It is another way we can reach out to our community.