

St. Timothy's Lutheran Church  
825 51st Ave. N.E.  
Columbia Heights, MN 55421-1799  
763-571-9721

**CHANGE SERVICE REQUESTED**

**JOIN US FOR WORSHIP!**

**SUNDAY WORSHIP TIME:** 9:30 a.m.

**SUNDAY SCHOOL** held during regular service  
(No Sunday School during summer).

Nursery available on Sundays.

Holy Communion celebrated every Sunday

**OFFICE HOURS:** Monday-Thursday 9am to 4pm

**STAFF:**

Rev. Michelene Verlautz  
Daniel Lloyd, Director of Worship & Music  
Pam Gorseger, Office Administrator  
Carlos Osorio, Custodian

Email: [admin@sttimothys-elca.org](mailto:admin@sttimothys-elca.org)  
Pastor's Email: [mkverlautz@yahoo.com](mailto:mkverlautz@yahoo.com)  
Website: [www.sttimothys-elca.org](http://www.sttimothys-elca.org)  
"Like us" on Facebook!

NON PROFIT ORG.  
U.S. Postage  
PAID  
TWIN CITIES MN  
Permit No. 2054

St.  Timothy's

*Inspired by God's love, St. Timothy's Lutheran Church welcomes everyone on a faith journey of renewal, growth, and service.*

# Tim's Tidings

October 2018



**COMMUNITY DINNER**  
(goulash)

**October 9th**  
**5:30-6:30pm**

*All are welcome!!*



**Trunk or Treat**

**October 28th**

*(See page 7 for details)*

## FALL HARVEST

Each Sunday throughout autumn, please bring any extra bounty from your garden to share with others by placing it on the designated Harvest Table in the Narthex.

After service, take what you need from the table and enjoy!



## Special Service of Worship for the



**Blessing of the Animals**

**Tuesday, October 2 at 6:30 p.m.**

*Invite your family, friends, neighbors AND their pets!*



I have been interested in the concept of Minimalism: Focusing on what matters most in life, and intentionally removing everything else.

Recently a colleague asked me if I had read the book The Gentle Art of Swedish Death Cleaning by Margareta Magnusson. Curious, I found the book at a local gift shop. I learned that the Swedish word Döstädning means "death cleaning". The approach is designed as an easy way for people over age 50 to purge their homes and organize their possessions in hopes that their children won't be overburdened by their belongings once they pass away. My initial reaction was that this sounds morbid but after some thought I realized it's actually a pretty smart idea.

Death cleaning isn't about getting rid of all your stuff but rather streamlining your life so you're only holding onto what makes you happy. It is about a permanent form of organization that makes your everyday life run more smoothly.

Take a minute or two and think about what's most important in your life. If you had to distill your life down to what matters most, what would remain? What's most important?

No matter the socio-economic level, ethnic background, gender identity, sexuality, or geography, humans tend to identify the same aspects of life that matter most. Relationships with loved ones. Personal health. Having something that gets you out of bed in the morning. Giving back to the community. As Christians we would say our local church and relationship with Christ is important. Unfortunately we become distracted by other things and fill ourselves with stuff.

Jesus was well aware of the trappings of life and how we are prone to substitute possessions for what matters most.

*"Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing?...Therefore do not worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness; and all these things will be given to you as well."* Matthew 6:25, 31-33

So what are you seeking first? Jesus is asking that we seek him first and the rest will fall in place. Is it time to declutter? What do you want to leave as your legacy?

~ Pastor Michelene

## Blessing of the Animals Service

All who are pet lovers are invited to join us, with your pets, Tuesday, October 2 at 6:30pm for our Blessing of the Animals service.



Our service will celebrate you and the wonderful care you provide your animals as well as the gift your animals are to you and your family. We will meet outdoors, near the large cross in our front parking lot (or in our Fellowship Hall if the weather is bad) for this special service. All sizes and shapes of pets are welcome. Last year 20 dogs and 2 cats brought their human parents to this event. Invite your family, friends, neighbors and their pets!

## Sheridan Story Volunteers Packers Meeting

There will be a brief orientation from 10:45-11am on Sunday, October 7, in the Board room, for all volunteers who are helping to fill the backpacks at Valley View Elementary on Friday mornings. This meeting will cover the changes to this year's program as well as looking at the calendar to fill in the open dates.

Thank you to everyone who has volunteered to help with this program and to those who are helping support this program monetarily.

## Quilter's Sunday Coming Soon!

On Sunday, October 21, the St. Tim's Quilters Group will display nearly 100 or so beautiful quilts they have made throughout the past year. Most of the quilts will be donated to various organizations. If you wish to purchase a quilt on Quilter's Sunday, or anytime, contact any member of the Quilter's Group.

## About Quilter's Group:

Our Quilter's Group meets on the second Wednesday of each month (except December) at 9:00 a.m. in Fellowship Hall. We always have a fun time and often enjoy a treat and coffee afterwards.



Feel free to join us! They are always thrilled to have newcomers join them whenever they can! If you can tie or cut, they can use you. Also, they accept fabrics and threads of various sorts that can be used to make the quilts.

Did you know you can purchase quilts, made by the quilters, any time of the year? Going to a baby shower or bridal shower gift? Or you want to give a young adult a quilt for his or her first apartment or college dorm? Or maybe replace an old blanket in your own home with something beautiful and functional? Consider a quilt! Contact Barb Gavic or any of the quilters!



## COUNCIL HIGHLIGHTS

September 19, 2018

- ◆ Still dealing with security issues for LVMS.
- ◆ Stewardship Committee looking into remodeling sanctuary.
- ◆ Elevator is now repaired and working well.
- ◆ Pastor is continuing to attend the Columbia Heights Police Academy. Police are very concerned with the increase in homelessness and the high increase in the use of heroin and amphetamines in Columbia Heights.

The complete minutes are posted on the Narthex bulletin board.  
Next meeting is Tuesday, October 16, 2018 at 7:00pm.

~ Pat Goetz, Secretary

### 2018 Council Members

Bruce Sherve, President  
Dustin Wahl, Vice President  
Pat Goetz, Secretary  
Chris Hay, Treasurer

Kaye Bergstrom, Rita Daniels, Sharon Hamen, Margaret Hanna,  
Kay Hay, Laurie Totzke, Susan Wang

### Thank You from North Park Elementary

Thank you so much for your school supplies donations. North Park Elementary has over 75% of students that receive free and reduced lunches. Our families sometimes struggle to afford school supplies and so your donation of school supplies is so helpful. We pass them out at Open House and during the first week of school to any students that are in need.

Thank you,  
Kim Wicker  
wicker@colheights.k12.mn.us

## SERVICE PARTICIPANTS for OCTOBER 2018

### Greeters: (Thomas Households of Faith)

10/7 Betty Thomas  
10/14 Sharon Hamen  
10/21 Bev Knapp  
10/28

### Lectors:

10/7 Barbara Johnson  
10/14 Bob Fedje  
10/21 Bev Knapp  
10/28 Sandie Beltran

### Communion Assistants:

10/7 Thespo Hams  
10/14 Betty Thomas  
10/21  
10/28 Laura Fix

### Ushers/Acolytes:

Gerry Tollakson, Ida Krtnick, Pat Goetz, Bryan Daniels,  
Dick Lindman

### Altar Guild:

Carol Machlitt, Lorelee Kriens

### Money Counters:

10/7 Laura Fedje, Betty Thomas  
10/14 Kay Hay, Meghann Wahl  
10/21 Pat Goetz, Laura Fix  
10/28 Barb Gavic, Jean Wellman

### Fellowship Coffee Hour:

10/7  
10/14 Betty Thomas  
10/21 Crystal Edstrom  
10/28 Laura & George Fix

## Community Dinner



*There's a Place for You!*

*Please come join us and help spread the word about our FREE monthly dinners; invite your friends and neighbors.*

### **These dinners are for everyone.**

Please join us for our next Community Dinner on  
**Tuesday, October 9 from 5:30-6:30pm**

The main entrée will be goulash. We would appreciate donations of ground beef, elbow macaroni, tomato sauce, diced tomatoes, mushrooms, green beans, ketchup. As always, monetary donations are appreciated. Please come for the food AND fellowship. Thank you for your continued support of this outreach service.

*~ Joan Anderson, Ron & Sharon Hamen, George & Laura Fix*

### **SACA Collection Drive Continues**

SACA continues to have great need for donations. While non-parishable food is always in demand and needed (especially around the holidays), they also need non-food essential items such as personal care and hygiene products. Place donated items in the SACA box in the Donation Center in the narthex. They also welcome monetary donations and gently used items for their thrift store.

### **GriefShare**

*GriefShare* is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone. [www.griefshare.org](http://www.griefshare.org)

## **ReNu ST. TIM'S FUND**

**Fund Balance as of 9/20/18: \$2,849**

**Received YTD through 9/20/18: \$2,479**

This fund was established by the Finance Committee in 2013 to assist in paying for unanticipated low cost repairs to St. Tim's. As our facility ages and our needs change, we need to do more and more to keep it in top condition. However, our budget cannot cover all these expenses. In 2018, thus far, we've paid to have two narthex heaters repaired, labor to install tile in Pastor's restroom, a new Sanctuary thermostat installed, elevator repairs, piano tune-up. Thank you for your consideration and contributions to the ReNu fund.

### **GENERAL FUND REPORT AS OF 8/31/18**

	<b><u>2018</u></b>	<b><u>2017</u></b>
<b>Income</b>	\$ 123,041	\$ 119,408
<b>Expense</b>	\$ 139,522	\$ 125,760
<b>Income Less Expense</b>	\$ (16,482)	\$ (6,352)
<b>Endowment-Fidelity</b>	\$ 371,866	
<b>Dedicated Investment</b>	\$ 16,133	

### **Special CIF Pledge Cards**

If you wish to pledge toward the Capital Improvements Fund (CIF), please complete a special pledge card available in the narthex. If you'd like to utilize our Automatic Contribution program for this pledge, the form is available on the back side of the pledge card. Submit form directly to the office.



**Trunk or Treat** is a fun, safe event St. Tim's hosts for our young members and children from the community. The kids have a great time dressing up, showing off their costumes, while our adult members have a chance to enjoy these trick or treaters. Please plan on participating in this year's Trunk or Treat on Sunday, October 28 after service.

If you'd like to participate, please park your car in the front lower lot (near the townhomes) following service and pass out your treats to our youth!

Please feel free to decorate your trunk for added fun! Need some trunk decorating ideas? Visit [www.makeit-loveit.com/2014/09/18-trunk-or-treat-car-decoration-ideas.html](http://www.makeit-loveit.com/2014/09/18-trunk-or-treat-car-decoration-ideas.html).



### Feed My Starving Children Packing Event

*Feed My Starving Children* exists to reach children around the world by providing nutritious MannaPack meals that are packed daily by volunteers and funded generously by donors like you.

Our next *Feed My Starving Children* packing event is Monday, November 5 from 6:00-7:30pm. We have 15 volunteer spots to fill. Please sign up at the church bulletin board or call Laura Fix and remember that friends and family are always welcome to join us.

If you have any questions, please feel free to contact Laura Fix at 763-502-0487, e-mail [gltfix@comcast.net](mailto:gltfix@comcast.net), or talk to her at church.

~ Laura Fix

### Recycling Inkjet Printer Cartridges

Pat Goetz wants to remind you that we have a bin in our Donation Center in the Narthex to which you can deposit empty inkjet cartridges (laser printer cartridges NOT accepted). Our youth fund receives money for each cartridge we send into the Recycling Cartridge Center. Every so often, Pat packs up all the empty cartridges you've placed in the Donation Center and sends to Recycling Cartridge Center. We usually receive over \$60. So, please, don't throw empty cartridges into your trash. It's more eco-friendly and we earn cash for doing it!



### Fall Bible Study

Our Bible Study group meets on Tuesday mornings at 10:00am in the Board Room and is led by Pastor Michelene. Please join the group anytime you desire; all are welcome. No need to sign up.....just show up!

We are currently reading Paul, A Novel written by Walter Wangerin, Jr. "Master storyteller Wangerin sweeps you into the life and times of the man who brought Christianity to the world. Here is Paul the person, living and complex, viewed through the eyes of his contemporaries. His rich interaction and brilliant dialogue with friends and foes, leaders and slaves, Jews and Greeks, creates a drama - swift, intense, historical. In vibrant pigments of imagination and narrated by ten distinct historical figures, Wangerin paints a moving multifaceted portrait of the fiery character whose Gospel sundered cultural trappings to ignite a faith that would light the ages."

If you need a book contact Pastor Michelene.

### Weekly Chair and Mat Yoga Prayer Classes

Mat Yoga is 7-8pm on Wednesdays; bring your mat. Chair yoga is from 10-11am on Thursdays. Wear comfortable clothing and bring your water bottle with you. If you've any questions, contact Pastor Michelene. **All are welcome and it's free!**

### LVMS Butter Braids Fundraiser

Little Voyageurs' Montessori School is inviting interested church members to participate in their annual fall fundraiser. Butter Braids are only sold through fundraisers and have been a hit for many years....and they are delicious!

Butter Braid orders and money may be submitted starting September 25 and no later than October 30. Complete an order form (located on the community bulletin board in the narthex), enclose it in an envelope with your payment (if paying by check, make payable to LVMS) and leave it in the church office or take it directly to LVMS staff.

Then, note on your calendar to pick-up your Butter Braids on Wednesday, November 13th after 11:00 am.

Questions? Contact Karen Smith or Dawn Pearson – 763-788-0889 or [lvmschool@yahoo.com](mailto:lvmschool@yahoo.com).



**St. Tim's is on Facebook – please 'Like Us'**



### Harvest Table

As we continue to move through autumn, and for those of us who have gardens at home, we will harvest the fruits of our labor. Some gardeners have more harvest than they can eat themselves. That is why we are again having the **Harvest Table**.

The Harvest Table is a table that is set up in the narthex throughout the autumn harvest months. If you have extra items from your garden that you would like to give away, place them on the Harvest Table when you arrive on Sunday. Following worship all are invited to look at what has been brought in and if there is something you would like, please take it home with you and enjoy. The Harvest Table will be a chance for us to share within our church community and feast on the labors of our friends.

### Lend It or Give It Program

It is time to update St. Tim's *Lend It or Give It* Program.

Do you have medical equipment with which you don't know what to do with? Maybe you want to keep it for a "may need it someday" but yet it seems like a waste to just have it sitting around. Maybe you don't want or need it anymore but don't know what to do with it. St. Tim's *Lend it or Give It* program could be the answer.

If you have a piece of medical equipment that you can lend or give away to someone who can use it, please contact Dave or Bev Knapp. They will update the *Lend It or Give It* items list that is posted on the bulletin board in the narthex.

If you are in need of a piece of medical equipment, look at the list and call the person having the item you need.

Whether you lend or give the item(s), it is a great opportunity to help others and is a service that is greatly appreciated.

To get your item(s) on the list, please contact Dave or Bev Knapp at [bevknapp@comcast.net](mailto:bevknapp@comcast.net), home phone 763-571-5023 or Bev's cell 763-258-7741 (text messages accepted).

~ Bev Knapp

### **MAKE CONTRIBUTING TO ST. TIM'S EASY WITH OUR AUTOMATIC CONTRIBUTIONS PLAN**

*Never write another check to St. Tim's!*

Save time and money by signing up for our Automatic Contribution Plan. It's the safe, easy way to make your donations and keep your pledge up-to-date, yet avoid both the hassle of writing a check and the cost of postage. And, best of all, it's free!

Did you know that you can also set up auto contributions for your Capital Improvements Fund pledge?

**Forms are available in the narthex.** Submit your completed form to the church office.



### Book Club

The Book Club meeting will be on October 22 at 7:00pm. Contact Kari for the book they are currently reading.

*Want to join the book club? Simply attend the meeting. If you need more information, contact Kari Schlotfeldt. Invite your neighbors and friends to join us.*



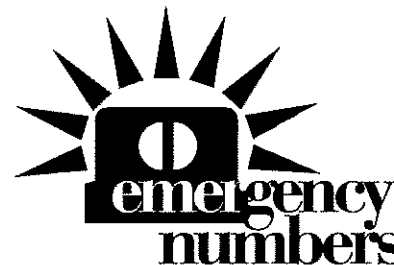
### JOLLY LUNCH BUNCH

**Wednesday, Oct. 17th  
1:00pm**

**50's Grill**  
5524 Brooklyn Blvd.  
Brooklyn Park

Contact Bev Knapp if you need a ride or have questions.

*All are welcome!*



For any emergencies or pastoral needs when the church office is closed, please contact Pastor Michelene Verlautz directly at 612-810-5923 (cell). For maintenance needs, contact Carlos Osorio at 763-210-8321 (cell).



A FLOWER CHART is hanging in the Sanctuary Hallway. Please sign up to bring flowers for the altar! There is a flower order form next to the chart to provide the office with needed details.



## CHOIR DIRECTOR'S CORNER



Daniel Lloyd, Director of Worship & Music

*Kay Hay, Youth Choir Leader*

### Choir Rehearsal

10/3	6:00 p.m.	<i>Youth Choir rehearsal</i>
10/7	8:00 a.m. 9:30 a.m.	Chancel Choir rehearsal Worship w/Chancel Choir
10/10	6:00 p.m.	<i>Youth Choir rehearsal</i>
10/14	8:00 a.m. 9:30 a.m.	Chancel Choir rehearsal Worship w/Chancel Choir
10/17	6:00 p.m.	<i>Youth Choir rehearsal</i>
10/21	8:00 a.m. 9:00 a.m. 9:30 a.m.	Chancel Choir rehearsal <i>Youth Choir warm-up</i> Worship w/Youth Choir
10/24		<i>NO Youth Choir rehearsal</i>
10/28	8:00 a.m. 9:30 a.m.	Chancel Choir rehearsal Worship w/Keyboard music
10/31		<i>NO Youth Choir rehearsal</i>

### 8' Banquet Tables for Sale

The church is selling several of the 8-foot long banquet-style folding tables (30"W x 95"L) previously used in Fellowship Hall. They are being sold for \$25 each or 2/\$40, as is, delivery not included. You will need to make your own arrangements for transporting any tables purchased. If you would like to purchase one or more tables, contact the church office.



## St. Tim's Benevolence

Following are the YTD dollars received through September 20 for the various benevolence and dedicated funds that our congregation contributes to each month. This information is shared with you as a regular part of **Tim's Tidings** so that you can see the wonderful benevolence of our congregation as we progress through the year. Your generosity is literally reaching and helping hundreds of people. Thank you.

\$482	SACA
\$215	World Hunger
\$85	Global Missions
\$94	Meals on Wheels
\$829	Feed My Starving Children
\$147	10% Synod Benevolence (from Sunday coffee)
\$828	Sheridan Story Project

### Also:

\$793	St. Tim's Community Dinner fund
\$895	Thrivent Choice Dollars
\$2,860	Memorials
\$162	Kitchen Remodel Fund - loan balance pd. 3/12/18
\$7,688	Capital Improvements Fund (includes 4/21 fundraiser proceeds \$2,174)
	The \$7000 Line of Credit loan used for flooring project was paid in full on 8/22/18.

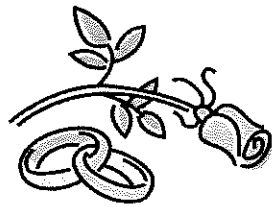
*Thank you for your benevolence.*

### DON'T FORGET.....

SACA Sunday is 10/7

Global Missions Sunday is 10/21

Hunger Sunday on 10/28



**May God continue to bless the marriages of:**

- 10/3 Alvin and Nellie Flanders (65 years)
- 10/3 Betty and Mike Thomas (54 years)
- 10/5 Ron and Sharon Hamen (50 years)
- 10/8 Michelene & Jim Verlautz (35 years)
- 10/25 Frank & Barbara Johnson (60 years)

## Birthdays of the Month

- 10/2 Richard Bebus  
Ben Fedje  
Joe Fedje
- 10/5 Denise Gordon
- 10/6 Krista Sandford
- 10/8 Don Zbikowski
- 10/11 Ardith Nelson  
Harry Lydeen
- 10/12 Joan Anderson  
Bryan Daniels  
Lee Johnson
- 10/13 Jacob Norgaard
- 10/16 Carol Miller  
Lotus Paulus  
Gregory Thompson
- 10/20 Jim Verlautz
- 10/29 Jane Johnson
- 10/30 Nancy Hoekstra



Pray for the family of:

Stephanie Coltvvet-Erdmann



Trunk or Treat

**Check Out our Website!**  
[www.sttimothys-elca.org](http://www.sttimothys-elca.org)

Take a peek at our website which was redesigned by NOMAD Marketing last winter. Let us know what you think.



**We are praying for.....**

**Members:**

- Shelby & Paris Ahola
- Dean Corbin
- Delores Douglas
- Carolyn Dreyer
- Laura Fedje
- Will Henjum
- Gil Holter
- Dave Kerkow
- Loralee Kriens
- Virgil Landgraff
- Judy Lennox
- Arlene Patten
- Betty Thomas
- Susan Wang
- Don Zbikowski

**Family & Friends:**

- Steve Bartz
- Samantha Brewer
- Doris Byron
- Cathy Farley
- Barbara Haas
- Grace Haas
- John Olin
- Alice Schlotfeldt
- Gerry Schultz
- Linda Westberg
- Mike Westberg
- Kent Wheelock
- Richard Zieska
- Victims of Hurricane Florence

*Friends & Family prayers requests will remain on the list for one month. You may renew your request as many times as you desire. Prayers of thanksgiving and bereavements will remain on the list for two weeks. Members will usually remain on the list until we are notified to remove their name. Thank you.*

*Please notify the church office or Pastor Michelene if someone needs to be added to our prayers.*

